



THE COMPASSIONATE FRIENDS
CHAPTER OF MARIETTA, GA
P. O. BOX 1892
MARIETTA, GA 30061

Summer 2011
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The Compassionate Friends Newsletter

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Register now for 2011 National Conference in Minneapolis July 15-17

TCF's 34th National Conference will be held in Minneapolis/St. Paul July 15-17, 2011 at the Sheraton Bloomington Hotel. You will find it to be another great conference with around 100 workshops, sharing sessions, special keynote speakers at the Opening, Closing and Friday afternoon and Saturday evening banquets, Hospitality Room, Butterfly Room, Reflection Room, a completely stocked bookstore, special Friday evening entertainment and a Remembrance Candle Lighting.

TCF's Walk to Remember will be held Sunday morning.

Reservations can now be made at special conference rates for hotel rooms for the 2011 TCF National Conference at the host hotel, the Sheraton Bloomington Hotel, Minneapolis South. Reservations can be made online or by calling a special reservation number.

For more information, please see our [TCF 2011 National Conference - Minneapolis](http://www.compassionatefriends.org/News_Events/) page:
www.compassionatefriends.org/News_Events/

Support our Team for The Walk to Remember!
The walk starts on Sunday morning
at the Sheraton Bloomington Hotel and we'll be meeting at 7:30.
You may register for our team and/or donate to
The Marietta Chapter by visiting
www.tcfwalktoremember.org: Under Visitors select
Event Enrollment and follow the instructions.



34th National Conference
Minneapolis / St. Paul, MN
July 15-17, 2011



THE COMPASSIONATE
FRIENDS
Helping Family After a Child Dies

Summer Social Events

Contact TCF Marietta Social Director Lorna Kennedy for more information at lrk2blk@bellsouth.net or (770) 722 - 4688.

June 12th

Kennesaw Mountain Walk and Social
10am until 12pm

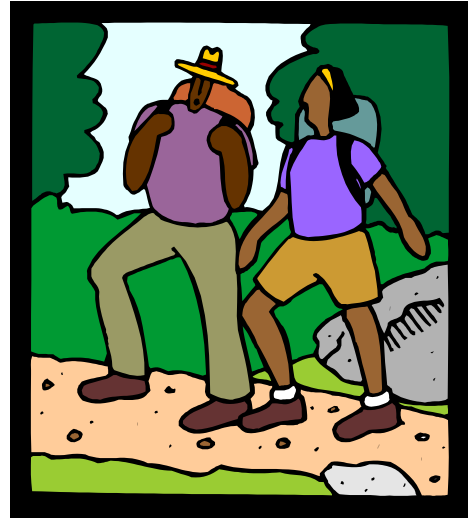
Meet at the Visitor's Center

Bring: water bottle and plenty of sunscreen!

Let's "Do Lunch" at a local restaurant after the walk
(Venue to be determined following the walk)

Kennesaw Mountain Battlefield Visitors Center

is located at 900 Kennesaw Mountain Drive, Kennesaw,
Georgia. Phone number is 770-427-4686.



No Events Planned for July: Enjoy Your Summer Holiday!

August 21st

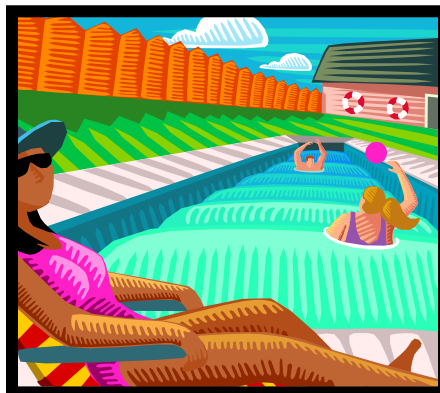
Pool Party at Stone Oak Pointe Clubhouse
978 Brickleberry Lane, Marietta, GA 30062

1pm until 4pm

Drinks provided

Bring: snacks, towels, sunscreen

No Lifeguard On Duty





Our Children's Birthdays

Our Children's Birthdays are given special recognition at our monthly meetings. We have a birthday table where parents and siblings are invited to bring in photos and other memorabilia to share with the group. There is also an opportunity to share a short story or memory of your child with the group before breaking up into smaller sharing sessions. You are welcome to bring in a cake or favorite snack to celebrate the birthday of your child or sibling.

We also invite you to share a special story, picture, or both as a Birthday Tribute in the newsletter if your child's birthday is in the upcoming months. If you would like to have a birthday tribute to your child published in the newsletter, you may do so by emailing it to Julea Glaser at julea.glaser@comcast.net. Our newsletter is distributed quarterly (Spring, Summer, Fall, Winter) so please send your articles in promptly so they can be included in the next publication.

June

Baby Rowan
 Christopher Ray Kolohe Lumpkin
 Corey Andre McKenzie
 Corey Gibson
 DyKeith Ennis-Williams
 Emma Alger
 Felipe Machado
 Frankie Wayne Stricklin
 Grace Clay
 Jaime Roper
 Jeffrey Armstrong Patterson
 Jennifer Nicole Hower
 Karen Delia Robertson
 Kendall Paige Weaver
 Kyle Lawson
 Lauren Careen Cooper
 Laurie Jane King
 Liam Wesley Sharman
 Luther Griffith Mills III
 Maurice Larrea
 Pamela Barnett Buck
 Rachel Jenece Glaser
 Ricky James
 Robert Tufts
 Thomas Free
 Vicki Lynn Oxford
 Webber Bennett Broach
 Will Taylor

July

Chris Hunter
 Christofer Michael Schultz
 Logan Nathaniel Buchin
 Mark Lee
 Matthew David Redd
 Nathan White
 Paul Badger
 Quentin Scott Smith-Sopousek
 Ronald Henry Boyd, Jr. "Hank"
 Scott Robert Cummins
 Shannon Gail Devereaux
 Stephanie Moyle



August

Alexis Nicole Grubbs
 Andres H. Cardenas
 Anna Elizabeth Chambers
 Ashley Nelson
 Brett Mims
 Brittany Ann Hopkins
 Carl Detamore
 Conner Glenn Caracappa
 Gary Ryle Minor
 Jonathan E. Holliday
 Julianne Marie Riske
 Kobe Tyler Newnan
 Laura Kelcourse
 Luke Edward Jordan
 Makai Lerenz Cheeks
 Mason Robert Winton
 Moore Hallmark III
 Nicolas Lee Werhofnik
 Robert LeVierse
 Samantha Jane Ann Mulcahy
 Wade Bennett
 Yachenda Nakey Cuffee (Kia)

If you would like a photo button made of your child, you may submit a favorite photo by email to Glen Cummins at cummins_glen@yahoo.com or bring one with you to the next meeting.

Birthday Tribute ~ Rachel Jenece Glaser

How Do You Do? I'm Made of Sunshine!© by Julea Jenece Glaser

I woke up one morning with a little tune playing in my head. The day before, I had been talking to Rachel, as I do every day, and asking her, "What are you like now that you're an angel?" I suppose that question was still on my mind when I went to bed that evening, because the tune that came to me in the morning was, "How do you do? I'm made of sunshine!" As the tune developed, it became apparent to me that the format of the song was very much akin to the format of a DBT (Dialectical Behavioral Therapy) method for relieving anxiety that Rachel had learned while in treatment for her bipolar disorder. Here's the gist: If you're having a difficult time settling your mind down, think of five things you can hear, four things you can see, three things you can smell, two things you can taste and one thing you can touch, all from right where you are in the moment. By the time you're done, the thoughts that had most consumed you have faded into the background. From time to time, this truly worked for Rachel. Perhaps if you're ever feeling a bit anxious, you too will give this DBT method a try and find that it helps to restore a bit of peace.

(Thank you Rachel!)



Fireflies in the Garden by Robert Frost

Here come real stars to fill the upper skies,
And here on earth come emulating flies,
That though they never equal stars in size,
(And they were never really stars at heart)
Achieve at times a very star-like start.
Only, of course, they can't sustain the part.*



*Source: Poem Hunter. <http://www.poemhunter.com/best-poems/robert-frost/fireflies-in-the-garden/>

How do you do?
I'm made of sunshine!

I have
two ears
two eyes
one nose
one mouth
and
two hands!

How do you do?
I'm made of sunshine!

I hear
the children
as they play!

How do you do?
I'm made of sunshine!

I see
the ducks
on the lake!

How do you do?
I'm made of sunshine!

I smell
the picnic baskets
so sweet!

How do you do?
I'm made of sunshine!

I taste
the pies

Oh, what a treat!
How do you do?
I'm made of sunshine!

I feel
my mommy
hugging me!

How do you do?
I'm made of sunshine!

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Billy Henderson



Kenneth Lawley

***“It is the gift of HOPE which reigns supreme
In the attributes of The Compassionate Friends.
HOPE that life can still be worth living and meaningful.
HOPE that the pain of loss will become less acute,
and above all else,
The HOPE that we do not walk alone, and that we are understood.
The gift of HOPE is the greatest gift that we can give
to those who mourn”.***

Rev. Simon Stephens – Founder

The Compassionate Friends was founded in Coventry, England, in 1969, following the deaths of two young boys, Billy Henderson and Kenneth Lawley, the previous spring. Billy and Kenneth had died just three days apart in the Coventry and Warwickshire Hospital where Rev. Simon Stephens was Assistant to the Chaplain. Simon mentioned Billy's death to Iris and Joe Lawley, and the Lawleys decided to send flowers to Billy's funeral. They signed the card simply, "Kenneth's parents," realizing that the Hendersons would know who they were. Bill and Joan Henderson then invited the Lawleys over for tea, and an immediate bond was formed as the two couples spoke freely about their boys, sharing their memories and the dreams that had died with Billy and Kenneth. They continued to get together regularly, and young Rev. Stephens, then only 23, encouraged them to invite other newly bereaved parents to join them. In 1969, another grieving mother accepted their invitation to meet with Simon and the two couples. They decided to organize as a self-help group and actively begin reaching out to newly bereaved parents in their community. Because the word "compassionate" kept coming up, this new organization was called "The Society of the Compassionate Friends."*

*Excerpt from: Compassionate Friends of Ocean County, Toms River, New Jersey. Starting TCF / How the Compassionate Friends Began. Available online at <http://www.oceantcf.com/startingtcf.htm>

David Morrell, author of *Fireflies*, announced as the Keynote Speaker for TCF National Conference

David Morrell, bereaved parent and grandparent, author of *Fireflies*, but perhaps best known for creating *Rambo* (adapted to the big screen with Sylvester Stallone), will be the Saturday evening keynote speaker at TCF's 34th National Conference. David's 15 year old son Matthew died from bone cancer in 1987, a loss that, according to his bio, "haunts not only Morrell's life but his work, as in his memoir about Matthew, *Fireflies*, and his novel *Desperate Measures* whose main character lost a son." Ironically and sadly, David's granddaughter Natalie recently died from the same rare bone cancer that took his son. David's award winning writing career includes more than 30 books. Eighteen million copies of his books have been printed and his work has been translated into 26 languages.



Source: *The Compassionate Friends E-Newsletter* (March 2011).
The Compassionate Friends Gwinnett Chapter

TCF Mission

The Mission of The Compassionate Friends is to assist families toward the positive resolution of grief following the death of a child of any age and to provide information to help others be supportive.



Volunteer Opportunities

If you would like to give of your time to our chapter, we always welcome volunteers. This is your chance to give back and to help out with the efforts of our chapter. Volunteer opportunities range from helping to set up a meeting, facilitating meetings, making phone calls and helping with special events. This is a great way to give back in memory of your child after you have found hope, encouragement and strength from TCF.

Making the change from needing and finding help to giving help & support to new parents is another healing milestone.

Monthly support group meetings are the heart of The Compassionate Friends. These gatherings provide a safe and caring environment in which bereaved parents and siblings can talk freely about the emotions and experiences they are enduring. Parents and siblings receive the understanding and support of others who have "been there."

Thank you to Karl Jahn and Omni International, and Chris Kelcourse for donating their services by printing our newsletters.

Thank you to Theo Furber and TBF Computing for their help with other computing needs.



**THE
COMPASSIONATE
FRIENDS**
Supporting Family After a Child Dies

TCF CREDO

We need not walk alone. We are The Compassionate Friends. We reach out to each other with love, with understanding, and with hope. The children we mourn have died at all ages and from many different causes, but our love for them unites us. Your pain becomes my pain, just as your hope becomes my hope. We come together from all walks of life, from many different circumstances. We are a unique family because we represent many races, creeds, and relationships. We are young, and we are old. Some of us are far along in our grief, but others still feel a grief so fresh and so intensely painful that they feel helpless and see no hope. Some of us have found our faith to be a source of strength, while some of us are struggling to find answers. Some of us are angry, filled with guilt or in deep depression, while others radiate an inner peace. But whatever pain we bring to this gathering of The Compassionate Friends, it is pain we will share, just as we share with each other our love for the children who have died. We are all seeking and struggling to build a future for ourselves, but we are committed to building a future together. We reach out to each other in love to share the pain as well as the joy, share the anger as well as the peace, share the faith as well as the doubts, and help each other to grieve as well as to grow. We Need Not Walk Alone. We are The Compassionate Friends.

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**The Compassionate Friends
Marietta Chapter Newsletter**

c/o

Marietta TCF

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